

BLUE BADGER

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This comic explains the SAGA game to help veterans understand PTSD
For more information about the SAGA program to help veterans with PTSD see
<http://www.sift.net/research/health-and-telemedicine/saga>

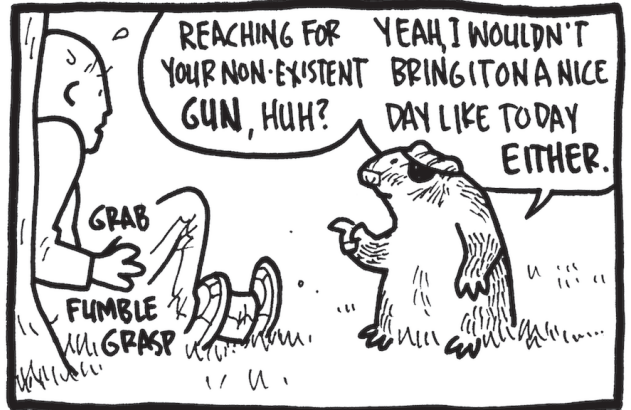
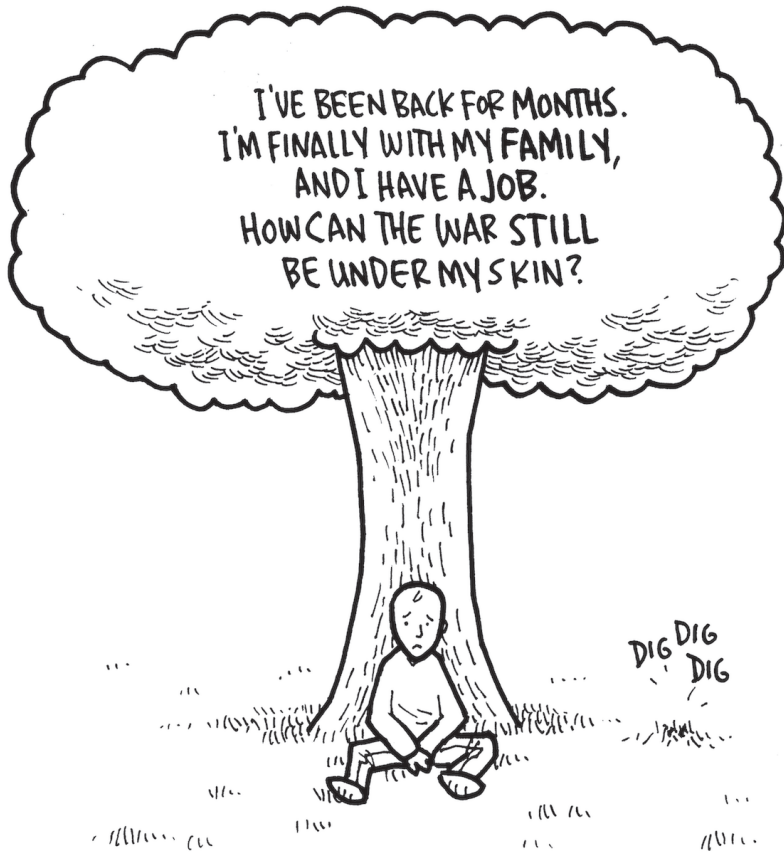


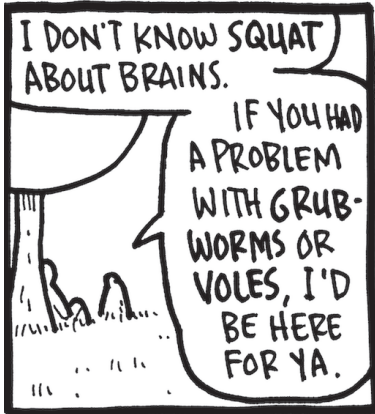
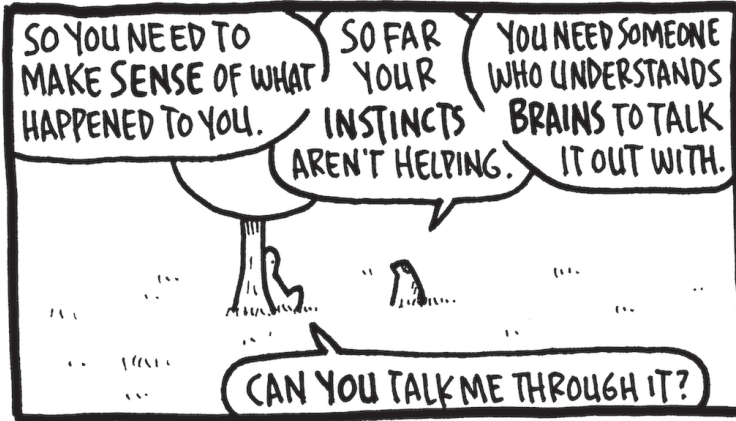
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SAGA HAS 4 PHASES

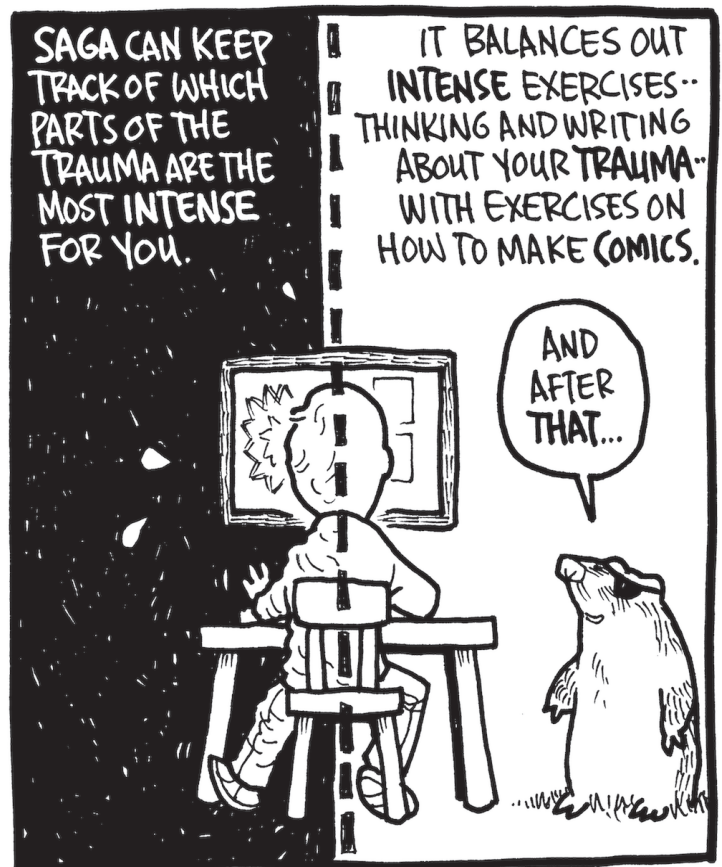
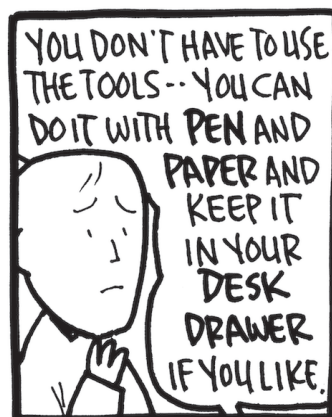
the ATTACK of the CLOTHESPIN PEOPLE
COMICS BASIC TRAINING

TALES of PRIVATE FIRE
WORKING IT OUT

UP from the ASHES
SHARING the TRUTH

PHOENIX SAGA
HELPING OTHERS





PHASE 3 IS CALLED "UP FROM THE ASHES", IN WHICH YOU USE WHAT YOU'VE LEARNED AND FELT IN THE FIRST TWO PHASES TO CREATE A NEW, ORIGINAL STORY.

BUT-- WHY DO I NEED TO DO THAT IF I'VE WORKED THROUGH MY TRAUMA?

TIM O'BRIEN, AUTHOR AND VIETNAM VETERAN SAID: "A thing may happen and be a total LIE; another thing may NOT happen and be truer than the truth."

IF YOU TELL SOMEONE ABOUT YOUR EXPERIENCES, IT MAY SOUND COLD, LIKE A NEWS ARTICLE. BUT IF YOU SHOW SOMEONE HOW IT FELT TOGETHER, IN A STORY, THEN THEY CAN REALLY UNDERSTAND HOW IT AFFECTED YOU.

BUT I STILL CAN'T DRAW ART LIKE THAT...

IF YOU RUN INTO THINGS YOU JUST CAN'T DO, PUT UP A ROUGH ATTEMPT AND VOLUNTEERS OR OTHER PARTICIPANTS MAY HELP YOU OUT.

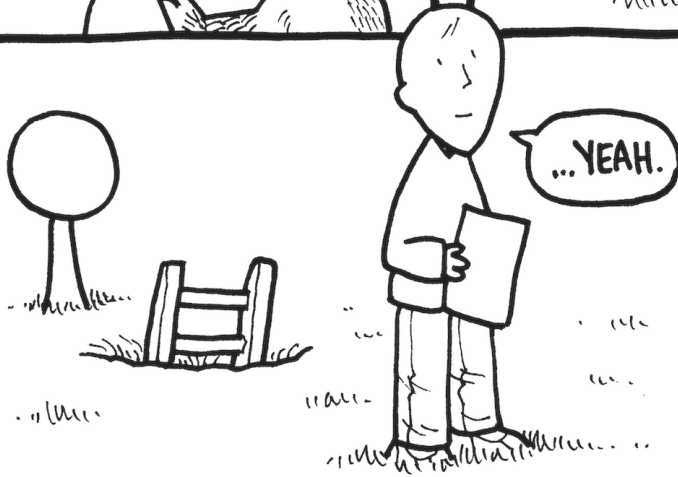
AND THEN WE MOVE ON TO THE MOST IMPORTANT PHASE.

WAIT...

WHAT COULD BE MORE IMPORTANT THAN DEALING WITH TRAUMA? WELL, YOU WERE IN A HOLE, RIGHT? MILLIONS OF OTHERS ARE TOO...

PHASE 4: THE PHOENIX SAGA

... AND THIS IS WHERE YOU SHOW THEM THE LADDER.



FOR MORE INFORMATION ABOUT PTSD AND COMICS GO TO SAGA.SIFT.NET