

Inside the Dragon

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For more information about the SAGA program to help veterans with PTSD see

<http://www.sift.net/research/health-and-telemedicine/saga>



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AFTER
I RETURNED
FROM SERVICE,
SOMETHING WAS
HAUNTING
ME.



IT GOT SO
THAT WHEN I ENTERED
SITUATIONS LIKE THESE,
I FELT AS IF I WERE
GETTING DANGEROUSLY
CLOSE TO SOMETHING
TERRIBLE...

IT WAS
AS IF I WERE
TOUCHING A
DRAGON'S
TAIL.

FOR A LONG TIME
I AVOIDED THESE
SITUATIONS, AND
PUT OFF DEALING
WITH IT.

BUT DOING THAT WAS
PUSHING OUT ALL OF
THE GOOD THINGS IN
MY LIFE.

I COULDN'T IGNORE IT.
THIS WAS SOMETHING
I HAD TO CONFRONT.

I HAD TO GO...

