

# THE WATERFALL

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This comic explains how the SAGA exercises illustrate exposure therapy.  
For more information about the SAGA program to help veterans with PTSD see  
<http://www.sift.net/research/health-and-telemedicine/saga>



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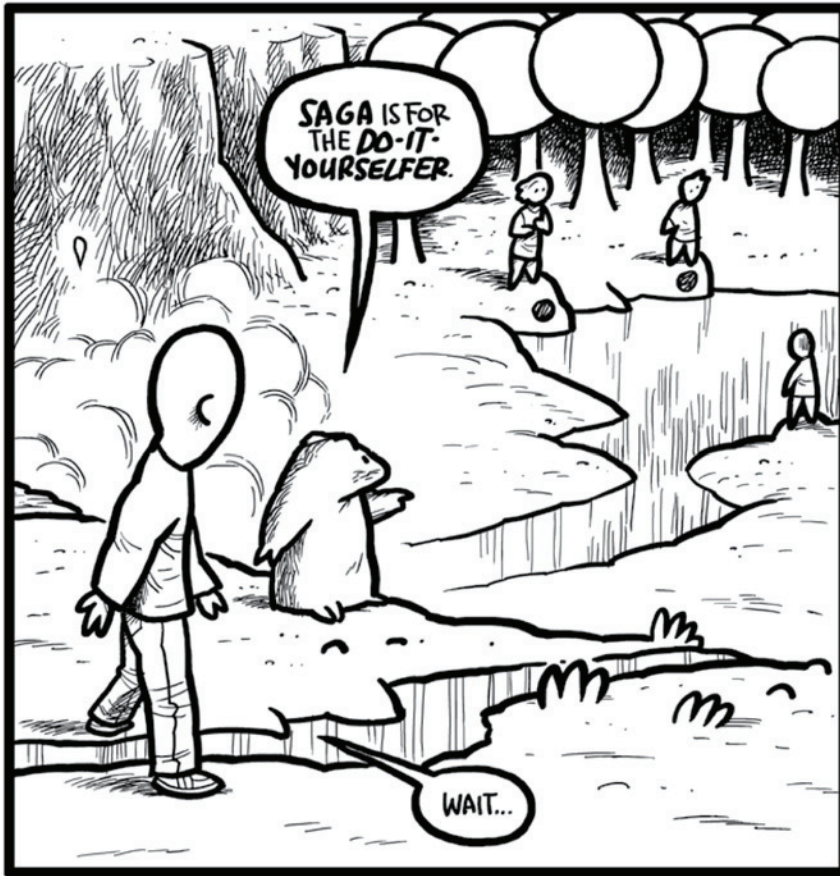
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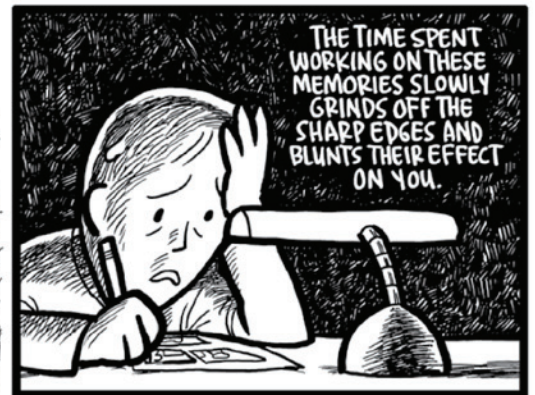
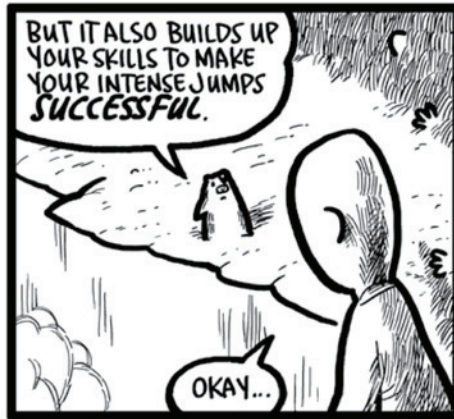
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FOR MORE INFORMATION ABOUT PTSD AND COMICS GO TO [SAGA.SIFT.NET](http://SAGA.SIFT.NET)